

## OUR MISSION STATEMENT

Our mission is to provide high quality, cost effective services using a wide range of treatment modalities for families and individuals of all ages to create enhanced emotional health.



WNY **PSYCHOTHERAPY** SERVICES

## HOURS OF OPERATION

### Office Hours:

Monday - Thursday 9am - 9pm

Friday 9am - 5pm

Saturday hours available

### Intake Office:

Monday - Friday 9am - 4:30pm



WNY **PSYCHOTHERAPY** SERVICES

*Your pathway to emotional wellness.*

315 Alberta Drive, Suite 211  
Amherst, NY 14226

3065 Southwestern Blvd., Suite 204  
Orchard Park, NY 14127

**716-837-6705**

[www.wnpsychotherapy.com](http://www.wnpsychotherapy.com)

*Your pathway to emotional wellness.*

When it's time for a  
**CHANGE** in your life, call...

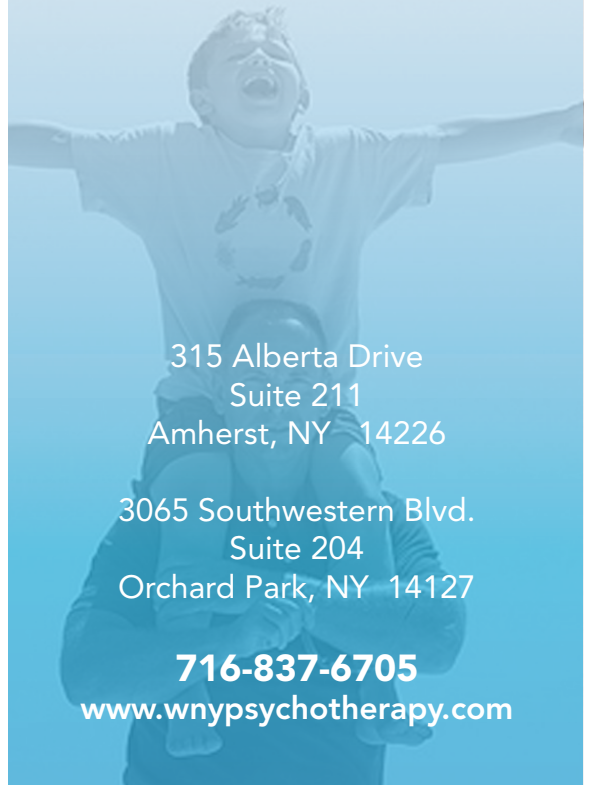
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*Our professionals specialize in providing individualized treatment to children, adolescents, adults, families and seniors who are facing emotional challenges and hardships in life.*

## ISSUES WE DEAL WITH...

Abuse/Domestic Violence Issues  
Addiction Issues  
ADHD/Attention Deficit Hyperactivity Disorder  
Anger Management  
Anxiety  
Assertiveness  
Behavior Problems  
Blended Family Issues  
Career Changes  
Childhood Separation Anxiety  
Chronic/Catastrophic Illness  
Chronic Pain  
Communication Problems  
Depression  
Eating Disorders  
Grief & Loss  
Health Related Habits  
Low Self-Esteem  
OCD/Obsessive Compulsive Disorders  
Organization and Time Management  
Marital/Relationship Issues  
Panic Disorders  
Personality Disorders  
Phobias  
PTSD/Posttraumatic Stress Disorders  
Retirement Stressors  
Self-injurious Behaviors  
Sleeping Disorders  
Stress  
Transitions (divorce, job loss, empty nest)  
Trauma  
Women's Issues

## ABOUT US...

We are a private mental health treatment organization established in 1971 and consist of over twenty independent practitioners with various areas of expertise. Our licensed practitioners have diverse backgrounds and specializations so we are able to address most patient needs. We provide comprehensive services for children, adolescents, adults, families and seniors who are interested in improving their emotional wellness.

## WE PROVIDE...

Assessments  
Counseling  
EMDR  
Evaluations  
Life Transitions  
Relationship Therapy  
Therapy Groups  
Testing



## TO MAKE AN APPOINTMENT...

Simply contact our office and we will assist you with your request for an appointment.

Our staff will speak with you in order to match you with the therapist who best meets your needs.

Our staff strives to facilitate timely access to services for all individuals. In most instances, urgent cases will be seen within twenty-four hours of when the call is received.

***Most Insurances Accepted.***